

Stephanie Heit

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Education

- MFA 2004 Writing and Poetics; BA 1999 InterArts Dance, Psychology Minor from Naropa University, Boulder, CO
- Modern Dance Major for 2 years at SUNY Purchase
- High School Diploma, Modern Dance Major, North Carolina School of the Arts
- KRI Certified Kundalini Yoga Teacher: Level 1 2016 Boulder, CO
- Certified Massage Therapist 2005 from Crestone Healing Arts Center; Licensed Massage Therapist in Michigan
- Teaching English as a Foreign Language Certified 2006 Bridge-Linguathec

Awards and Residencies

2022	Kimmel Harding Nelson artist residency finalist
2019-2023	Zoeglossia Fellowship: First residency May 2019 San Antonio, TX
2020	Nightboat Poetry Prize Finalist for “Every Horizon Turns Liquid”
2021	Hillary Gravendyk Prize Semifinalist for “Psych Murders”
2019	Playa Artist Residency finalist
2019	Omnidawn Chapbook Award Finalist for “Water Margins”
2019	Association for the Study of Literature and Environment (ASLE) Travel Award Winner
October 2016	The Thicket Residency; Darien, Georgia
Aug/Sept 2016	Vandaler Forening Residency; Oslo, Norway
2016	Nightboat Poetry Prize Finalist for <i>The Color She Gave Gravity</i>
2014	University of Michigan Patient and Family Centered Care Hope Award Nomination
2011	William J Shaw Prize for Poetry, Dunes Review
2007	Sawtooth Poetry Prize Finalist, Ahsahta Press
2004	Aimee Grunberger Memorial Scholarship for Naropa University Summer Writing Program
2003	Naropa University Honor Scholarship for Continuing Graduate Students
2002	Fellowship in Poetry from the Colorado Council on the Arts

Books

- *Psych Murders*. Detroit: Wayne State University Press, Fall 2022 (forthcoming)
- *The Color She Gave Gravity*. New York: The Operating System, Spring 2017 (reviews in *Entropy*, *The Rumpus*, *Anomaly*, *The Collagist*)

Editing/Curatorial Work

- January Zoeglossia Poem of the Week Series: Poetry & Mental Health Difference curated by Stephanie Heit, Zoeglossia website, 2022
- *Pandemic Artifacts from the Zoomshell: a Turtle Disco Disability Culture Production*, coedited with Petra Kuppers, Ypsilanti: Turtle Disco, Summer 2021

Interviews

- Interview by DJ Lee. Witness Wilderness: a monthly miscellany. 2020
- Interview by Daphne Stanford. Radio Boise The Poetry Show. 2017
- Interview by *Dunes Review*. *Dunes Review* Interview Series. 2017
- Interview by Lynne DeSilva-Johnson. The Operating System. 2017
- Interview by *Midwestern Gothic*. Contributor Spotlight. 2015

Poetry/Performance Writing Publications

- “2095,” *Orion Magazine*, fall 2022, forthcoming
- “Sororal,” “Drift Sis,” “Elder Sister Encounter in Lake Michigan,” *Haunted Anthology* Porkbelly Press, forthcoming
- “0 (zero),” “chafe,” *Tupelo Quarterly*, forthcoming
- “Gill Club,” “North Sea,” “Perigee,” Petra the Great Temple,” *Sinister Wisdom 125: Glorious Defiance*
- “EcoSomatics Archive: Field Notes from the 2020 EcoSomatics Symposium,” *Jacket2*, May 2022
- “Dreams of the Stillborn,” “Ghost Food,” *BathHouse Journal*, issue 22
- “Eurasian Watermilfoil (*Myriophyllum spicatum*),” *Plants and Poetry Journal: Wildlife of the Underworld*, January 2022
- “Mad Flora & Fauna Catalog [Excerpt],” *Zoeglossia Poem of the Week*, January 2022
- “ectothermic memories,” Cid Pearlman website as part of (Home)body installation, fall 2021
- “sacral swallow,” *About Place: When We Are Lost/ How We Are Found*, Vol 6 issue 4, October 2021
- “Water Island of the Yellow Boot Brigade,” *Sonora Review*, issue 77, fall 2021
- “dear water,” “Swell,” “High Risk Erosion Area (HREA),” “[Lake Michigan] Diva,” *Venti Journal: Inhale/Exhale, Vol 2 issue 1, Summer 2021*
- “Avian Cartography,” *About Place: Geographies of Justice*, Vol 6 issue 3, May 2021
- “Solar Eclipse,” Zoeglossia poem of the week, February 2021
- “Underwater Arbitration,” *The Hard Work of Hope*, February 2021
- “in/voluntary,” *Rogue Agent*, February 2021
- “Strip & Dip: House Party Rules in a Pandemic,” “The Driveway,” “alternate perhaps,” “sonic ark,” *Hello Goodbye Apocalypse*, issue 2, November 2020
- “Window,” “Almost Spring,” “Genus Matteuccia,” *About Place: Works of Resistance, Resilience*, Vol 6. issue 2, October 2020
- “Net Case,” “Geosynchronous Objects (GSO),” *Mollyhouse* issue 1, July 2020
- “After 39,” *Poetry Jukebox Project*, Belfast Ireland, Fall 2019 and ongoing
- “Turtle,” *Wordgathering*, September 2019
- “Neuromodulation Master,” “ETC. The Resistance,” from “Electrical Work Index Series,” *We Are Not Your Metaphor: Disability Poetry Anthology*, Summer 2019

- “Hurricane Poetics and Crip Psychogeographies,” with Petra Kupperts, *Ecotone*, Issue 27, Spring/Summer 2019
- “What did you take from Zoeglossia? Image Description, Audio Description,” *Wordgathering*, June 2019
- “Testament,” from “Electrical Work Index Series,” *In Corpore Sano*, 2019
- “Window Dressing,” *Anomaly*, Issue 7, Fall 2018
- “Higher Ground,” *RIDE: The Journal of Applied Theatre and Performance*, 2018
- “Forecast,” *Bombay Gin*, Issue 44, 2018
- “Georgia Low Country,” *Clade Song* 7, 2017
- “Water Margins,” *About Place: South Issue*, 2017
- “startle reflex,” *Lime Hawk*, 2017
- “underwater plot to get the raft back,” *Dunes Review*, Issue 21, 2017
- “Testament,” *Disability Studies Quarterly*, 2017
- “Talk Down,” “Placebo,” “Intermezzo,” “Dirty Laundry,” “Do-si-do,” *Nerve Lantern*, Issue 10, 2017
- “Curtain Call,” *Nerve Lantern*, Yoko Ono Issue 9, 2016
- “Past Midnight,” “Unsolicited,” “Electrical” *Typo*, 2016
- “Penumbra” *Streetnotes 24: Poietic Polis*, 2016
- “Open Loop Triptych,” “because these lines are,” “Electrical Work” (creative non-fiction) *Spoon Knife Anthology*, editors Michael Scott Monje, Jr. and N.I. Nicholson, 2016
- “Almost Solstice” collaboration with Petra Kupperts, *QDA: A Queer Disability Anthology*, editor Raymond Luczak, 2015
- “Lake Etymology” (fiction) *Midwestern Gothic*, 2015
- “Gardens of Space” *Nerve Lantern*, Issue 8, 2015
- “Dulce o Salado” *Dunes Review*, Vol. 35, Issue 11, 2011
- “Perforations,” “Incorruptible: Notes for an Autobiography” *One Less Magazine: Film Issue*, 2007
- “The Poet,” “Love Story #1,” from Quiet Anatomy: “relinquish,” “atlas,” “empirical,” “archaeology,” “ephemeral” *Watching the Wheels: A Blackbird*, 2005
- “Subtext” poetry for contact improvisation dance performance by Erica Kaufman with Hikaru Hirata, 2005
- “Preliminary Set-up for a Scene in the Making: A Possible Title” *Bombay Gin* 30, 2004
- “concerning the factors of silence, solitude and darkness” *Nerve Lantern*, Issue 4, 2004
- “Monday at Noon,” “Null” *Can We Have Our Ball Back?* 2004
- “Act I: North” *Nerve Lantern*, Issue 3, 2003
- “the behavior of descending water,” “Number 10” *The Stolen Purse*, 2003
- “grayscale,” “caught between symptom and the high rockies” *Three Therefore Two*, 2003
- from Quiet Anatomy: “periphery,” “inversion,” “latitude” *For Immediate Release*, guest edited by kari edwards, 2002
- “the dance would be solo,” “as if the unveiling of notes” *Three Therefore Two*, 2002

Academic Publications

- “Hurricane Poetics and Crip Psychogeographies,” with Petra Kupperts, *Geopoetics in Practice*, 2020
- “Tendings” with Petra Kupperts, *The Center for Sustainable Practice in the Arts Quarterly*, 2017
- Olimpias Artist Collective contribution in *Oxford Handbook for Dance and Wellbeing*, 2017
- “Mad Methodologies and Community Performance: The Asylum Project at Bedlam” by Petra Kupperts with April Sizemore-Barber and VK Preston, *Theatre Topics*, 2016
- “Arts-based research sharing and disability culture methods: different ways of knowing” with Petra Kupperts and Beth Currans, *Research in Drama Education: The Journal of Applied Theater and Performance*, 2015

Performances and Readings

- 2022 BathHouse Reading Series, Eastern Michigan University
- 2022 Creative 360 Breaking the Stigma: Artist Panel and Reading, Midland, MI
- 2022 Disability Poetry Reading: Self-Elegy, University of Michigan
- 2021 Ecopoetry in the Afternoon, Reading series Desmond-Fish Public Library
- 2021 Zoeglossia Disabled Poets Reading
- 2021 **About Place Journal “Works of Resistance, Resilience” Reading Series**
- 2020 Zoeglossia Zoom Disability Poetry reading with Ilya Kaminsky, Jim Ferris, Kimberly Jae, and Liv Mammone
- 2020 Zoeglossia Disabled Poets Reading, AWP Conference (Association of Writers and Writing Programs), San Antonio, TX (cancelled due to pandemic)
- 2019 Frog Island Reading Series, featured reader, Ypsilanti, Michigan
- 2019 Zoeglossia Fellows and Faculty Reading, Gemini Ink, San Antonio, TX
- 2019 Glyph Festival, Performed in “Hannah Cut In” by Carla Harryman and poetry reading, Riverside Arts Center, Ypsilanti, MI
- 2019 Ecopoetry Reading as part of Think Act Tank Embodiment and Environmental Art Practice, University of Michigan
- 2018 Tendings, Movement Research at Judson Church, New York City, NY
- 2018 Poetry Reading *The Color She Gave Gravity*, Bookbound Bookstore, Ann Arbor, MI
- 2017 Olimpias Asylum Project, Movement Research at Judson Church, New York City, NY
- 2017 Poetry Reading: “Queerings” with Petra Kupperts and Lynne DeSilva-Johnson, Bluestockings, New York City, NY
- 2017 Afternoon of Poetry: Disability Culture, Bodies, Landscapes and Love with Petra Kupperts and Jill Darling, Nicolas Bookstore, Ann Arbor, MI

- 2017 Disability Culture Poetry Reading with Petra Kuppers, Horizon Books, Traverse City, Michigan
- 2017 Poetry Reading *The Color She Gave Gravity*, Common Language Books, Ann Arbor, Michigan
- 2017 Poetry Reading with Claudia F. Savage, Ford Food and Drink, Portland, Oregon
- 2017 Tendings, a craft talk with Petra Kuppers, The Cabin, Boise, Idaho
- 2017 Poetry Reading, Social Justice Art Festival, University of Michigan
- 2017 Poetry Reading and Book Launch: *The Color She Gave Gravity*, Petals and Perks, Frankfort, Michigan
- 2017 A Day Without a Woman: Tendings with Petra Kuppers, Otros Libros/Other Books, Los Angeles, California
- 2017 Reading and Performance with Petra Kuppers and Ching-In Chen, Small Press Traffic, California College of the Arts, San Francisco
- 2017 Book Signing: *The Color She Gave Gravity*, AWP, Washington DC
- 2016 Wet and Dry: Disability Poetry Reading with Petra Kuppers and Amber DiPietra, Keep St. Pete Lit, Florida
- 2016 Poetry Reading with Petra Kuppers, University of Pittsburgh
- 2016 Poetry reading and performance, ArtPrize, DisArts presentation, Grand Rapids, Michigan
- 2015 – ongoing The Asylum Project, Olimpias Project in London, UK with preparatory workshops in Michigan, Oregon, and California; the Olimpias (www.olimpias.org), is an artists' collective directed by Petra Kuppers that creates collaborative, research-focused environments open to people with physical, emotional, sensory and cognitive differences and their allies.
- 2015 Disability Culture Poetry Reading (with Petra Kuppers), Investing in Abilities Series, University of Michigan
- 2015 – ongoing *The Color She Gave Gravity*, poetry reading with Denise Leto and Megan Levad, University of Michigan
- 2013- ongoing Hope Crane Project, University of Michigan Psychiatry Patient and Family Centered Care – multiple workshops and presentations in community and hospital settings (art work with mental health system users and community members)
- 2015 Smellbound: An Artful Somatics Ambling Walking Tour, Olimpias Project, Earth Matters on Stage, Reno, Nevada
- 2015 Social Somatics, DisArts Festival, Grand Rapids 211 Gallery, Michigan
- 2015 Social Somatics, Dixon Place Performance Space, New York City
- 2015 Contemplative Dance, Disability Culture: New Grounds Symposium, University of Michigan
- 2011 Dunes Review Reading, Interlochen Arts Academy, Michigan
- 2005 Naropa University Audio Archive Benefit, Boulder Museum of Contemporary Art with Anne Waldman
- 2005 Forty Fingers Press Reading, Stonebridge Farm, Lyons, CO

- 2005 Revelry: Forty Fingers Press, Dairy Center for the Arts, Boulder, CO
- 2003 Penumbra, Naropa University Presidential Inauguration with Katharine Kaufman and Marija Krtolica
- 2003 Summer Writing Program faculty reading, Naropa University Performing Arts Center with Anne Waldman and Ishtar Kramer
- 2003 Poets Against the War Reading, Mercury Café with Anne Waldman and Ishtar Kramer, Denver, CO
- 2003 Shambhala Day, Naropa University Performing Arts Center with Anne Waldman and Ishtar Kramer
- 2003 *The Hour of Anjali* chapbook release reading, Naropa University with Nancy Edison, Claudia Manz and Joanna Preucel
- 2002 Art in the Floating World: Naropa's Audio Archive Benefit, Dairy Center for the Arts with Anne Waldman and Mark Miller
- 2002 Nerve Lantern Release Party, Boulder Museum of Contemporary Art with Anne Waldman
- 2002 Colorado Council on the Arts Poetry Fellowship Reading, Tattered Cover Lodo, Denver, CO

Teaching and Community Engagement

- 2017-present Turtle Disco, somatic writing space codirected with Petra Kupperts: Community Dance & Writing Practice, Crip Magic Reading/Writing Workshop, Gong Baths, Meditation, Salon, Zoomshell Connection Kaffeeklatsch
- 2022 Guest Artist in DanceAbility hosted by Detroit Disability Power
- 2021 Community Through Disability Arts & Culture, Guest artist in Topics in Disability Studies Graduate Seminar, University of Michigan
- 2021 Community Through Disability Arts & Culture, Guest artist in Gender, Sexuality, and Disability class, Eastern Michigan University
- 2021 Instructions on How to Create a Nest for Your Local Eco Monster, Ecomonsters and Somatic Takeovers Symposium, University of Michigan
- 2021 Contemplative Bodymind and Writing Practice, **Emergent Syllabi: A Pedagogy Retreat for the Zoom Fatigued hosted online by Kristin Prevallet**
- 2020 Dancing Material History with Petra Kupperts, online lecture hosted by Smith College Department of Dance
- 2020 Water Bodies States of Mind, Online EcoSomatics Symposium, University of Michigan
- 2020 Liberatory Life Writing Workshops for Disabled Writers: Care Objects: Disabled Ways of Being – generative writing playshop
- 2020 *Geopoetics in Practice* online book event, with with editors Eric Magrane, Linda Russo, Sarah De Leeuw and Craig Santos Perez and contributors Kimberly Blaeser, Angela Rawlings, Tyrone

Williams, Tim Creswell, Angela Last, Petra Kupperts, Chris
Turnbull, New Mexico State University

2019 Tendings with Petra Kupperts, weekend workshop, University of
Toronto, Canada

2019 Contemplative Dance and Writing Practice, Think Act Tank
Intensive: Embodiment and Environmental Art Practice,
University of Michigan, Turtle Disco

2019 Guest artist at Eastern Michigan University in Disability and
Literature course and Gender, Sexuality, and Disability course

2018 Tendings with Petra Kupperts, 3 day workshop Movement
Research, New York City, NY

2017 Olimpias: Asylum Project with Petra Kupperts, 3 day workshop
Movement Research, New York City, NY

2017 Moving Words: A Contemplative Practice for May/June series,
The Living Yoga Yurt, Ann Arbor, Michigan

2017 Mad and Moving States: A Somatic Writing Workshop,
Performance Works NW, Portland, Oregon

2017 Guest Artist with Olimpias Asylum Project in Artist as Citizen
class, Berkeley City College

2016 Contemplative Dance Practice for May/June series, The Living
Yoga Yurt, Ann Arbor, Michigan

2016 Olimpias Asylum Project Workshop, Light Box, Detroit, MI

2016 Guest Artist in Asylums, Prisons and Total Institutions Class,
University of Toledo

2015 Guest Artist in Collaboration, Creativity, Poetry Class, University
of Michigan

2015 Guest Artist in Architecture Research Seminar, University of
Michigan

2015 Olimpias Asylum Project Workshop, Hampshire College,
Northampton, MA

2015 DisArts Panel, Art Prize, Grand Rapids, Michigan

2012 – 2017 National Alliance on Mental Illness, Washtenaw County
Member and past support group leader

2006 – present Licensed Massage Therapist in Wild Oats Wellness Center, Denver, CO;
LMT and fitness instructor in Betsie Hosick Health and Fitness Center
Frankfort, MI; private practice Discovery Healing Arts first in Boulder, CO
and now in Ann Arbor, MI

2012 – 2013 University of Michigan Psychiatry Patient Family Centered Care,
Volunteer Patient Advisor and Art Worker

2009 – 2010 Everest College Phoenix, Santa Ana, CA, online course instructor English
Composition

2007 Chilean Ministry of Education, United Nations English Opens Doors
Program, English Teacher in Liceo Industrial, Puerto Montt, Chile

2007 Chileno Norteamericano Language School, English Teacher,
Puerto Montt, Chile

2006 University of Colorado at Denver Writing Center, Writing Consultant

2003 – 2007 Writing Consultant Private Practice, Boulder, CO

2004 – 2005 New Vista High School, Adjunct Faculty, poetry class “Embodied Poetics” and supported study hall

2004 Naropa University, Writing and Poetics Department, Class co-taught with Andrew Wille: “Embodied Poetics and Telling Tales”

2003 – 2004 Naropa University Writing Center Fellow

2003 Naropa University, Guest Teacher and Teaching Assistant, Undergraduate Poetry Class

2000 – 2002 Editorial/Administrative Assistant to Anne Waldman

2000 – 2001 Naropa University, Summer Writing Program Administrative Assistant

1999 – 2000 Centennial Peaks Residential Treatment Center, Louisville, CO, Mental Health Worker, including weekly poetry workshop with adolescent boys

Conference Workshops

2022 Panel: Contemporary Feminisms, AWP Conference (Association of Writers and Writing Programs), Philadelphia, PA

2020 Panel: Bipolar Writers Speak, AWP Conference, San Antonio, TX (cancelled due to pandemic)

2019 Panel: Disability Poetics & Crip Webs, Disability Arts and Culture Symposium, Eastern Michigan University, Ypsilanti

2019 Tendings and Eco-poetic Disability Culture: Bodymindspirits of the Future, ASLE, University of California, Davis

2019 Olimpias Workshop: Salamander with Petra Kuppers, Theater Conference, University of British Columbia, Vancouver, Canada

2018 Olimpias Asylum Project Workshop, “Supporting Bodies/Changing Minds,” Festival of Original Theater, Toronto, Ontario

2017 Olimpias Asylum Project Workshop, “Republic of Inclusion,” Ottawa, Ontario

2017 “Tendings: Disability Culture Creative Practice as Self Care,” with Petra Kuppers, Association for the Study of Literature and Environment, Wayne State University, Detroit, Michigan

2017 “Tendings: Sustainable, Artful Lives,” with Petra Kuppers, Allied Media Conference, Detroit, Michigan

2016 “Embodied Practice, Mad Methods, and Community Poetry: The Asylum Project,” with Petra Kuppers, philoSOPHIA Conference: Poetry, Politics and Feminist Theory, University of Colorado Denver

2016 Performing Parts Symposium Workshop with Petra Kuppers, Davidson College, North Carolina

2016 Somatics/Illness/Disability Seminar Leader, Poetics: (The Next) 25 Years Conference, SUNY Buffalo

2015 Olimpias Asylum Project Workshop with Petra Kuppers, “Breaking Silences, Demanding Crip Justice: Sex, Sexuality and Disability,” Wright State University, Dayton, Ohio

2015 “Smellbound: An Artful Somatics Ambling Walking Tour” with Petra Kuppers, Earth Matters on Stage, Reno, Nevada

- 2014 Patient and Family Centered Care Hope Crane Project
Presentation, Psychiatry Research Retreat, University of Michigan
Depression Center
- 2007 Chilean Ministry of Education English Opens Doors Final
Conference, Santiago, Chile
- 2007 Chilean Ministry of Education and British Council “Stand and
Deliver” Using drama to improve presentation skills for English
teachers, Puerto Varas, Chile
- 2007 English Opens Doors Professional Development Workshop for English
Teachers with Gricelda Contreras, Puerto Montt, Chile
- 2007 English Opens Doors Rural English Teachers Conference, Puerto Varas,
Chile
- 2004 Colorado Writing Tutors Conference, “Awakenings, Bridges,
Entry Points: Curriculum Across the Writing,” Aims Community
College
- 2003 “This tightrope I breathe across or traces of the invisible body,”
MA Contemplative Psychotherapy Course, Naropa University
- 2002 “Body of the Text,” Summer Writing Program InterMedia Panel,
Naropa University Performing Arts Center

July 2022